

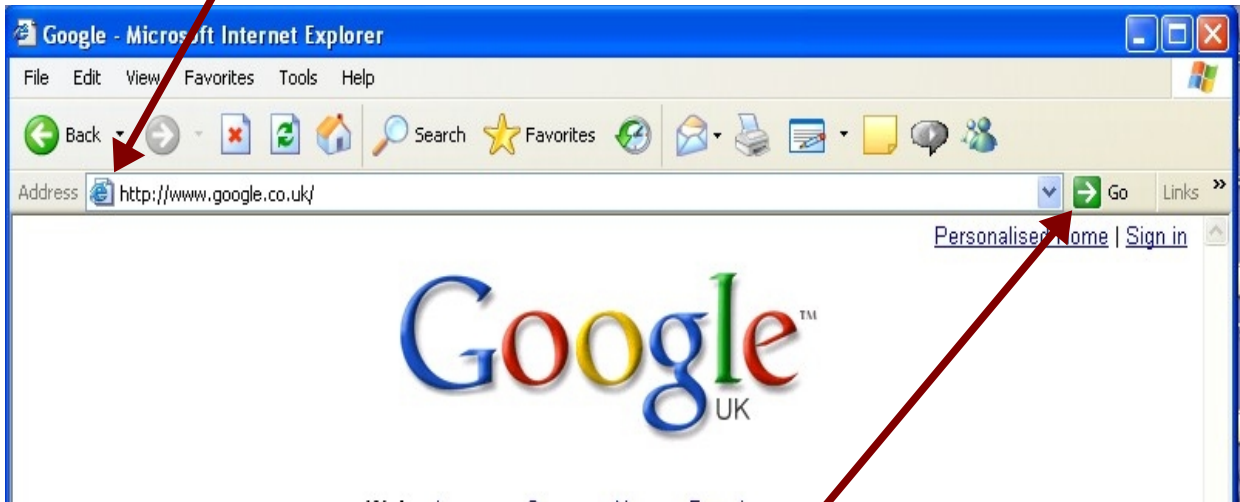
How to Access Government Web Sites

1. Accessing the Silver Surfers Web Site




From the desktop screen, find the Internet Explorer icon and double click to open it. A new window will open on your screen. The Silver Surfers web page should be displayed automatically. If it is not displayed then you will need to type in the address of the web site.

Locate the Address box.



Point at the box next to Address and click once in the address box with your left mouse button. Type www.silversurfersatbedford.org.uk and

press enter  on the keyboard or click the Go button.

2. Accessing the Government Web Sites.

On the Silver surfers Web Site there is an icon on the right hand side which says Links.

Point your mouse at the word **Links** and click once with your left mouse button.

You will see the page change to offer you a list of different websites that you can go to.

Simply point your mouse at the website that you are interested in. Your mouse pointer will change to a hand. Click your left mouse button once and that web site will appear.

- [Directgov](#)
- [NHS Direct](#)
- [Department of Work and Pensions](#)
- [The Pension Service](#)
- [Pension Guide](#)
- [Over50](#)
- [EnRichUK](#)
- [New Economics Foundation](#)
- [Get Safe Online](#)



If your chosen website does not open you can always put the address of the website in the Address box as you did with Silver Surfers. You can find the addresses of the Government Websites below.

3. Government Websites Information

Government web site addresses are:

Direct Gov – www.direct.gov.uk

NHS Direct - www.nhsdirect.nhs.uk

Department of Work and Pensions – www.dwp.gov.uk

The Pensions Service – www.thepensionservice.gov.uk

Pensions Guide – www.pensionguide.gov.uk

Over 50s – www.over50.gov.uk

The types of information you may find on these sites are

NHS Direct – www.nhsdirect.nhs.uk

Health Advice and other information from the NHS.

- Health encyclopaedia of illnesses, conditions, tests, treatments, operations
- Self-help guide to treating common health problems at home
- Directory of local health services
- Frequently asked questions
- Information about NHS Direct

Department of Work and Pensions – www.dwp.gov.uk

Support and advice through a network of services to people of working age, employers, pensioners, families, children and people with disabilities.

- Services and benefits for pensioners and people thinking about future pensions
- Services and benefits for disabled people and their carers
- Services and benefits for people of working age.
- Information if you are looking for work, starting a business, unable to work, sick or have a disability

The Pensions Service – www.thepensionservice.gov.uk

Pension information, planning for retirement, approaching retirement and already retired.

- Information on pension credits, winter fuel allowance, loans and grants
- Guides and claim forms and help to find out whether you are entitled to additional benefit
- Queries on State Pension
- The Warm Front Scheme – support in insulating your home
- Keeping your home safe and general security advice
- Links to volunteering, travel and leisure resources

The Pensions Guide – www.pensionguide.gov.uk

The governments impartial pensions information service

- Guidance on how to provide for retirement
- Support for pensioners on low income (Council Tax, Housing Benefit, Funeral Payments)
- Information on benefits for the long-term sick or pensioners with disabilities
- Information on payments for carers and residential homes

Over 50 – www.over50.gov.uk

A guide to help with advice available through national and local government.

- Work, including guides to New Deal 50 Plus, Job Centre Plus and working past retirement age
- Learning (learndirect, UK Online) and volunteering (REACH, Experience Corps) opportunities
- Health and lifestyle advice
- Guide to pensions and attendant benefits